

## CADET STAFF EQUIPMENT LIST

- Use this list to prepare/pack for Encampment.
- Read the associated notes for each item.
- DO NOT wait until the last minute to purchase the required items for encampment.
- Please do not attend encampment without the **minimum** quantities listed. The items listed are **minimum** quantities. The number listed in parenthesis is the recommended quantity to bring, but not mandatory.
- All of your items MUST be marked with your last name and CAP ID number.
- YOU WILL NOT HAVE AN OPPORTUNITY TO PURCHASE ITEMS AT ENCAMPMENT.
- Place a checkmark next to each item as you prepare/pack for Encampment.
- You must bring this checklist with you to encampment and submit it during in-processing.
- Read the associated notes for each item (reminder).

NAME: CAP ID: \_\_\_\_\_

✓	QUANTITY	ITEM	NOTES
<b>BLUES UNIFORM (Notes 0, 1, 2, 4, 6)</b>			
	1 (2)	Shirt, short sleeve w/epaulets	0, 1,4
	1 (2)	Trousers (male)/slacks (female), poly-wool or polyester	0, 1, 4
	1	Skirt, poly-wool or polyester (females only) Brings slacks as well if you have them	0, 2
	2 (3)	T-shirt, white, v-neck	1, 4
	2 (3)	Socks, Dress, cotton or nylon, black	1, 4
	1	Stockings, pantyhose (female only)	2
	1	Tie or Tie-tab	0, 1
	1	Belt, blue, w/chrome tip and matching buckle	0, 1
	1	Name tag, plastic, ultramarine blue	0, 1
	1	Rank set, cadet insignia (your current grade at time of encampment)	0, 1
	1	Ribbon Set	0, 1
	1	Badges/Accouterments Set	0, 1
	1	Cap, flight, w/insignia	0, 1
	1	Jacket, blue, lightweight w/liner (optional)	0, 2
	1	Shoes, low quarters, black	0, 1, 6
	1	Pumps, black (females only)	0, 2, 6
	1	Shirt Garters	2
	1	Garment Bag (do not use grabage bags as it could be mistaken for trash)	2
<b>UTILITY UNIFORM (Notes 0, 1, 2, 4, 5,6)</b>			
	1 (2)	Shirt, ABU with name and CAP tapes	0, 1, 4
	1 (2)	Trouser, ABU	0, 1, 4
	6 (7)	Undershirt, sand, crew neck (ABU only)	0, 1, 4,5
	6 (7)	Socks, Boot, black	0, 1, 4
	1	Boots, combat, black	0, 1, 6
	1	Belt, Belt sand-colored (ABU only)	0, 1
	1	Cap, ABU	0, 1
	1	Rank set, cadet insignia (your current grade at time of encampment)	0, 1
	1	Boot Blousing bands	0, 1
	1	Poncho or rain gear	0, 2
<b>PT UNIFORM (Notes 1, 2, 4, 5, 6)</b>			
	4 (5)	PT shirt, black	0, 1, 4, 5
	3 (5)	PT shorts, black or blue	1, 4
	7 (8)	Socks, plain white, below-the-calf	1, 4
	1 (2)	Shoes, athletic, running, lace-up	1, 6
	1	Towel, white (approximately 24" x 14")	2
<b>OTHER CLOTHING (Notes 1, 2, 4, 7, 8)</b>			
	8 (10)	Underwear (males should wear briefs or boxer briefs, NO loose fitting boxers)	1, 4
	4 (8)	Brassiere (female) (any combination of bras/sports bras)	1, 4
	1	Athletic supporter (male) (optional)	2
	1	Swimsuit	1, 7
	1	Civilian Clothes Set	1, 8
	1	Leather gloves (for the obstacle course)	2
<b>BATHING AND HYGIENE ITEMS (Notes 1, 2, 9, 11)</b>			
	1	Razor (w/additional blades) or electric razor	1, 9
		Razor, electric	2
<b>Instructions:</b>			
	1	Shaving cream (N/A if bringing electric razor)	1, 9
	1	Toothbrush and toothpaste	1, 9
	1	Aftershave (optional, NO COLOGNE)	2, 11
	1	Shampoo	1, 9
	1	Deodorant (non-aerosol)	1, 9
	1	Hair care products	2, 9
	1	Comb or brush	1

1	Shower clogs, flip-flops, croc style (all rubber)	1
1	Bath Soap (bar w/soap box, or liquid soap)	1, 9
2	Towel, bath (approximately 54" x 32")	1
2	Washcloth, white (approximately 12" square)	1
3	Storage bags, Zip-Loc type, gallon size	2
1	Insect repellent	1, 9
1	Lip balm	2
1	Sunscreen, at least SPF 50 (MANDATORY)	1, 9
1	Small Bottle Liquid Hand Sanitizer	2, 9
1	Small Bottle Anti-Bacterial Liquid Hand Soap (optional)	2, 9
1	Packet Sanitary Wet Wipes (optional)	2, 9
1	Talcum Powder	2
1	Hydrocortisone Anti-Itch Cream	2
1	Anti-Fungal Cream	2
1	Feminine Hygiene Products	2, 9

**ADDITIONAL EQUIPMENT AND REQUIRED ITEMS (Notes 1, 2, 4, 10)**

1	Pillow and Case	1, 10
1	Set of Sheets and Blanket or Sleeping Bag (sheets and blanket may not be provided)	1
1	Moleskin, roll (for blisters and calluses)	2
1	Blister Pack	2
1	Small personal first aid kit (adhesive bandages, etc)	2
1	CAP ID	1, 11
1	ALL Encampment paperwork, (CAPF 31, 160, 161, 163 (if required) and Flight clearance form) Filled out with signatures	1
1	Picture ID	2, 11
1	101 Card	1, 11
8 (10)	Clothes hangers	1, 4
1	Shoeshine kit (equipment and supplies; NO EDGE DRESSING or liquid polish allowed) and one old any colored towel for shining boots on	1
1	Digital wrist-watch with a stopwatch feature (IAW CAPM 39-1)	2
1	Learn to Lead books	1
1	CAPM 60-20, Drill and Ceremonies	1
1	12" Ruler	1
1	Notebook, Spiral bound (no more than 100 pages)	1
2 (4)	Pens	1, 4
2 (4)	Pencils	1, 4
1	Hydration System (Camelbak type or web belt and canteen)	1
1	Flashlight (small, NO large MAGLIGHT flashlight batons)	2
1	Extra flashlight batteries	2
1	Reflective Vest	1
1	Laundry bag	1
1	Lint roller	2
1	Camera (disposable)	2
1	Small duffle bag, backpack, cloth drawstring bag	2

**PROHIBITED ITEMS (Notes 3, 12)**

**The following items are prohibited. Cadet luggage and bags will be inspected during in-processing. Cadets will be given an opportunity to self- identify and turn in any prohibited items or use an amnesty box during in-processing. Cadets in possession ANY of the following items after in- processing will be met with disciplinary action and possible expulsion from encampment**

Electronic devices (iPods, iPads, Walkman, hand-held game devices, laptops, etc.)	3
Alarm clocks	3
Pornography of any kind	3
Weapons (Firearms, knives, explosives, etc.)	3
Lighters, matches, flamethrowers, etc.	3
Food (Candy, gum, soda, energy drinks, or snacks etc.	3
Illicit Drugs (Non-prescription or illegal drugs and/or accompanying paraphernalia etc.)	3, 12
Alcohol	3
Tobacco products (including e-cigarettes)	3
Games (Cards, dice, or other gambling paraphernalia etc.)	3
Reading materials or magazines (excluding religious texts or CAP Regulations, Manuals and Pamphlets as directed)	3
24/72 Hour Pack, unless using the bag to pack your belongings.	3
Media (Tapes, CDs, DVDs, or other media)	3
Cash in excess of \$30	3
Video cameras	3
Cologne (Axe, perfume, cologne, or Febreze)	3
Sunglasses, unless medically prescribed or "transition lenses"	3
	3

CADET SIGNATURE OF UNDERSTANDING: \_\_\_\_\_ DATE: \_\_\_\_\_

**NOTES.**

**Note 0: Uniforms.** All uniforms must be IAW CAPM 39-1. Cadets are allowed to wear either BDUs or ABUs to encampment. If bringing both BDUs and ABUs, both uniforms must be complete (no mixing of uniform components).

**Note 1: Mandatory.** These items are required for attendance unless listed by exception.

**Note 2: Optional.** These items are not required for attendance but recommended.

**Note 3: Prohibited.** These items are not allowed at encampment and will be confiscated during in-processing. Items will be marked and stored for the duration of encampment.

**Note 4:** The items listed are minimum quantities. The number listed in parenthesis is the recommended number to bring.

**Note 5:** Each attendee must have 4 (5) – black t-shirts for PT, even if they wear ABUs. Members wearing BDUs must bring a **total** of 10 black shirts (uniform and PT shirts).

**Note 6: Athletic Shoes.** Highly recommended to bring a second pair. If you plan to bring the new “Five Toe Shoes” you are only authorized to wear them during PT. You must ALSO have a standard pair of athletic shoes for all other activities.

**Additionally, all shoes and boots must be well broken in to help prevent blisters.**

**Note 7: Swimsuit.** Swimwear will be modest and of good taste. Female cadets will wear a 1-piece suit. 2-piece swimsuits (bikinis), mono-kinis, or “cheeky” swimwear will not be worn. Male cadets will wear swim trunks. Swim briefs or competition swim trunks (e.g. “Speedos” or “Jammers”) will not be worn.

Additionally, members are encouraged to bring a swimsuit cover-up for transit to and from the pool. PT shirts and shorts count for this.

**Note 8: Civilian clothes.** It is required to bring one set of civilian clothes to encampment. Even though there are no specific standards on your clothes, it is strongly encouraged that it presents professional image (modest and of good taste). You will keep your civilian clothes in your luggage bag while attending encampment unless instructed otherwise by the encampment staff. Recommend: Button down shirt, Polo shirt or Blouse, Khaki pants, slacks or knee length skirt. No mini-skirts or excessively tight or clingy skirts/dresses (e.g. Bodycon style).

**Note 9: Consumables.** Bring a 8 day supply.

**Note 10:** Cadets may bring their own pillow. Pillow case must be white, or other light neutral color (cream, beige etc).

**Note 11: Identification.** School, Govt issued, military dependent card, Passport, driver’s license. (CAPF 101 card does not meet requirements). Recommend bringing an additional ID if using your Oklahoma driver’s license due to the REAL ID Act. (See <https://www.dhs.gov/real-id-public-faqs>) for more information.

**Note 12: Drugs.** Prescription or Non-prescription drugs may be brought with the approval of the parent or guardian and the appropriate CAP Form 163

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